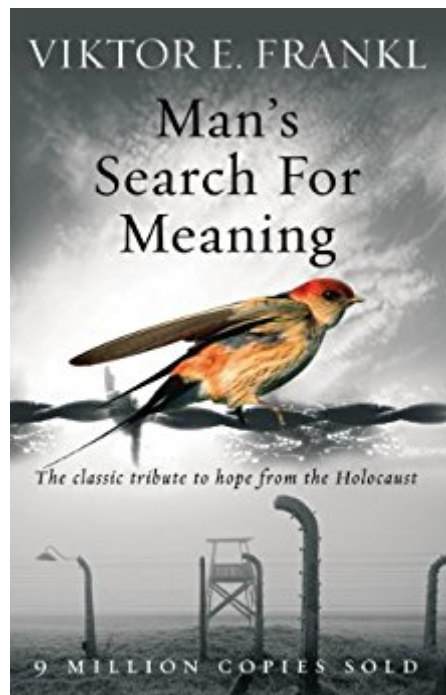




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Man's Search For Meaning: The Classic Tribute To Hope From The Holocaust



Synopsis

A prominent Viennese psychiatrist before the war, Viktor Frankl was uniquely able to observe the way that both he and others in Auschwitz coped (or didn't) with the experience. He noticed that it was the men who comforted others and who gave away their last piece of bread who survived the longest - and who offered proof that everything can be taken away from us except the ability to choose our attitude in any given set of circumstances. The sort of person the concentration camp prisoner became was the result of an inner decision and not of camp influences alone. Frankl came to believe man's deepest desire is to search for meaning and purpose. This outstanding work offers us all a way to transcend suffering and find significance in the art of living.

Book Information

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Customer Reviews

If you're in pain, read this book. If you're scared, read this book. If you are lost, read this book. If you are happy, read this book. If you have time, read this book. If you don't have time, read this book. Read this book, read this book."We who lived in the concentration camps can remember the men who walked through the huts comforting others, giving away their last piece of bread. They may

have been few in number, but they offer sufficient proof that everything can be taken from a man but one thing: the last of the human freedoms--to choose one's attitude in any given set of circumstances, to choose one's own way."

I read this in college and ordered again to read some 40 years later. Frankl relates the severe conditions in the concentration camp. Those without any purpose seemed to perish. Those that had developed purpose and meaning to the harsh conditions got out of bed every morning to face another unbearable day. this book is a classic. anything less than 5 stars would be a reflection on me.

This is the single most influential book in my life. Puts individual suffering into perspective and provides practical help which reassures and comforts. I buy extra copies to give away to certain people who would seem to benefit from its message. The message is extraordinary considering its source (a survivor of Jewish concentration camp)

Every person should read this book. Make your children read this when they get old enough. Make your grandchildren read it. If you have not read it... you will understand why everyone needs to read this before you even finish the first chapter. Buy it, and pass it down to your children.

It was difficult reading the inhuman suffering he experienced but so important what one's attitude makes in life. Attitude is vital to survive the worst circumstances. This book has been required reading in many universities and is a challenging read.

This is the pinnacle book on persistence and perseverance. Out of all the books you will read in the span of a lifetime, this will be one that you will remember. Very powerful, but it is also the hardest book you will ever read due to the subject matter and graphic event details. Quite the story of overcoming.

The book came in new Condition and in the time stated. I've already finished the book and WOW so powerful! The Author Viktor Frankl is absolutely amazing as he describes in graphic details his horrific experiences, making you feel like you were right there with him... Suffering and fighting through the physical and worse psychological pain with one goal... Getting out of the "camp" and hopefully reuniting with his wife with his mind intact. A must read!!

Reviewing a book with such gravitas to it almost seems like a sacrilege... I will say this though: it is very clear-cut and straightforward and is blissfully free of any condescending talk. Frankl has tapped into what it means to be human (more importantly how to act it) at its finest level. The honesty and clarity of his writing will leave its mark on you. My only wish is that as much of the human race as possible - both present and future - will read this book. As a fellow Goodreads reader mentioned to me once: "this book changed me." I cannot agree more and will add, just for good measure, that it changed me too.

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